



**BLESS**

Provide a person with something  
**GOOD OR DESIRABLE.**



*eat*

Intentionally share a meal, snack or drink  
**with SOMEONE**  
who God is placing in your life.



**PRAY**

Walk around your neighborhood intentionally  
**TALK TO AND LISTEN TO GOD**  
about what His heart is for your neighbors.



**BLESS**



*eat*



**PRAY**



50,000

Intentional

ACTS

of being on mission  
in our community





**GOD DREAM**

**HEY**  
RiverTree,

Thank you for joining me on our  
Bless. Eat. Pray. 50k initiative!

I believe God is going to use every single one of us to bring new life to every area of Jackson Township and all the other places where our people live. Our entire leadership team is so grateful that you are willing to join God in His mission to heal marriages, restore families, connect neighborhoods, and give salvation, hope, and meaning to every individual through the power of Jesus Christ. I'm praying that God will shape and mold you through these three missional practices in ways that will change you and the world around you forever.

We are in this with you and will be in constant prayer for you. Now, get out there and Bless, Eat and Pray!

Scott Nelson, RiverTree Jackson Campus Pastor

# THE GOD DREAM

A MISSIONAL COMMUNITY  
in Every Neighborhood  
& a MISSIONARY on Every Street.

We believe God has uniquely sent you to be

GOOD NEWS

to the people on the street where you live.

It starts with the simple everyday  
rhythms of your life.

Learn to live in such a way that people  
ask WHY?

BLESS someone you live near.

EAT intentionally with people while sharing  
life and conversation around the table.

Learn to PRAY in a way where  
you hear God's voice and start  
to discover what it is to be on mission  
with God.

YOU ARE His  
**MISSIONARY**





## IN THE NEW TESTAMENT...

we read about a guy named Paul who met Jesus and had his life changed forever. Paul was a missionary sent to share the gospel, the good news of Jesus, with people who had never heard it.



Here's what Paul said about the way we should live and what we should pray for:

Devote yourselves to prayer, being watchful and thankful. And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. Pray that I may proclaim it clearly, as I should. Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone. Colossians 4: 2-6 (NIV)

What does it look like to live devoted to prayer, WATCHFULLY AND THANKFULLY?

How would adopting the practices of BLESS, EAT, PRAY open doors to SHARE THE MESSAGE of the gospel?

## WHAT IS THE the GOSPEL?

The gospel or "GOOD NEWS"  
for all of us  
is that Jesus died for our sins,  
was buried, raised to life  
according to the Scriptures and  
that he appeared alive to His followers.  
He lived, died and made His life  
available to those who believe in Him  
in order to share His new life  
through us to the world.

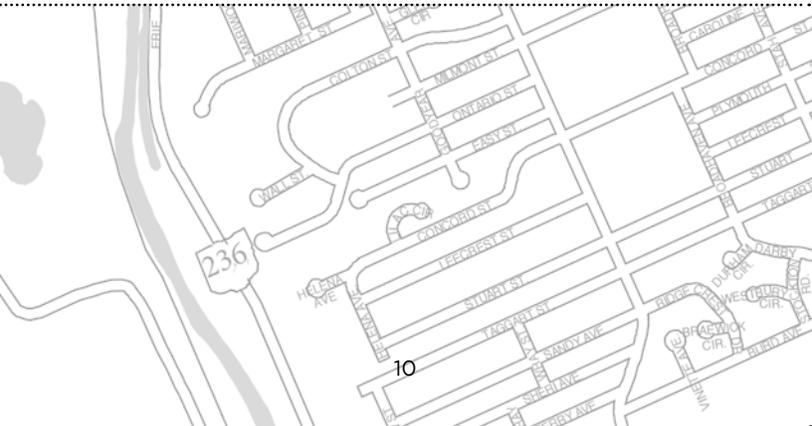
### **1 CORINTHIANS 15:3-5 (NIV)**

For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, that he was buried, that he was raised on the third day according to the Scriptures, and that he appeared to Cephas, and then to the Twelve.



# BLESS

Provide a person with something  
**GOOD OR DESIRABLE.**



What do these verses reveal to us about  
**BLESSING OTHERS?**

## **HEBREWS 13:16 (NIV)**

And do not forget to do good and to share with others,  
for with such sacrifices God is pleased.

## **ROMANS 12:14 (NIV)**

Bless those who persecute you; bless and do not curse.

## **MATTHEW 6:2 (NIV)**

So when you give to the needy, do not announce it with  
trumpets, as the hypocrites do in the synagogues and on  
the streets, to be honored by others.



## IDEAS to GET YOU THINKING

BRING A BOUQUET of flowers  
to a neighbor who doesn't get many visitors

BAKE COOKIES and bring them to neighbors

Offer to PULL WEEDS, clean gutters or help  
with mulching or other yard work

BRING A DOGGIE TREAT  
or toy for neighbors who have pets

HOST an impromptu game night or pizza  
and movie night and invite people over

Get a schedule and SHOW UP at a neighbor's  
kids ball game to CHEER THEM ON!

GET DONUTS for your family on a Saturday  
morning and DROP OFF a dozen to the neighbors

TAKE A MEAL to a busy family  
or INVITE neighbors for a meal

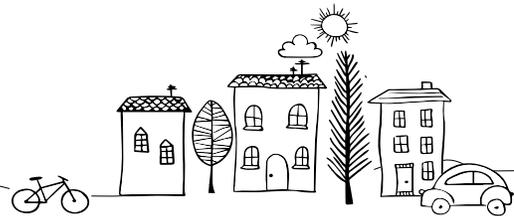


Brainstorm some ideas about how you can  
BLESS YOUR NEIGHBORS

Who comes to mind when you think of blessing  
YOUR NEIGHBORS:

WHAT is something that would actually bless these folks?

What will get in your way from starting this week?  
How can you OVERCOME that obstacle?





What does the following passage show us about  
JESUS AND HIS FOLLOWERS?



*eat*

Intentionally share a meal, snack or drink  
**with SOMEONE**  
who God is placing in your life.

**LUKE 24:30-32 (NIV)**

When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognized him, and he disappeared from their sight. They asked each other, "Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?"



How can you use meals to LOVE and INVEST  
in the people in your life?



*pizza*



## IDEAS to GET YOU THINKING

Host a NEIGHBORHOOD COOKOUT  
and have everyone bring a side dish

START a standing evening of the week where you  
intentionally host a meal. Keep the menu the same each week  
(Taco Tuesday, Meatloaf Monday, Soup and Salad Saturday)

Order pizza and INVITE PEOPLE OVER to watch a game

Go out to eat at a local dive close to YOUR NEIGHBORHOOD

HOST a pie baking contest and invite a few friends  
to bake pies and invite 2 random judges to come and  
anonymously pick their favorite!

Print out conversation QUESTIONS to learn more about your  
guests ("If you could travel anywhere..., What name  
other than your own would you have chosen for yourself...")  
Check out Pinterest for more ideas!

HAVE a Master Chef Junior night where the adults help  
the kids to create a simple meal

INVITE a friend for coffee or dessert and go out

## BRANISTORM IDEAS HERE

WHO could you share a meal with or take for  
coffee/dessert this week?

What meals would be fun to share?

What place would be a great environment  
for CONVERSATION?





## PRAY

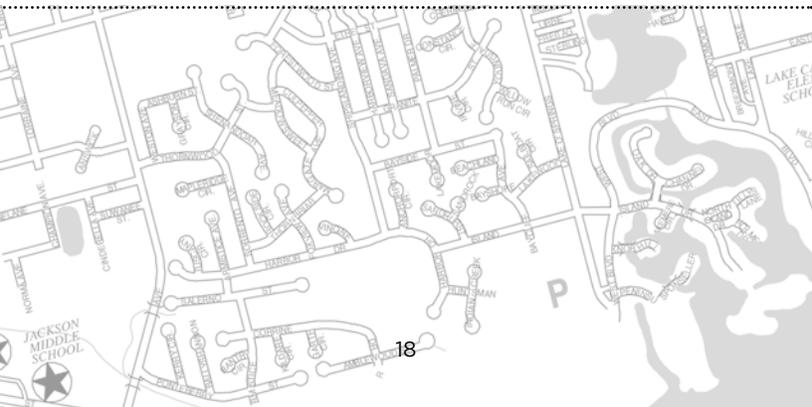
Walk around your neighborhood intentionally

**TALK TO AND LISTEN TO GOD**

about what His heart is for your neighbors.

Jesus didn't do anything without first hearing from the Father and we need to follow His example. If we want to see people find the hope of the gospel, we need to learn to hear from God first before we take action.

Because of Jesus' death and resurrection the Holy Spirit (advocate) lives in us and guides us in truth. We need to connect with the Holy Spirit so that we can know and understand what God has for us to do.



### 1 THESSALONIANS 5:17 (NIV)

Pray continually.

### LUKE 6:12 (NIV)

One of those days Jesus went out to a mountainside to pray, and spent the night praying to God.

### JOHN 14:16 (NIV)

And I will ask the Father, and he will give you another advocate to help you and be with you forever the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.

What do these verses teach us about prayer?

## IDEAS to GET YOU THINKING

PRAYER WALK around your neighborhood—  
use the prayer walk questions to prompt you

EVERY TIME you turn down your street  
turn off your radio and PRAY FOR ONE SPECIFIC  
HOUSEHOLD you are passing. Give God room to speak

Start writing in a prayer journal and KEEP TRACK  
of the people you are praying for

ADOPT THE P.R.A.Y. METHOD of praying  
(Praise, Repent, Ask, Yield)

Start praying for your neighborhood BEFORE MEALS  
and thank God for placing you there. Give Him  
some space to put PEOPLE on your mind that are  
FROM YOUR NEIGHBORHOOD

If you see neighbors out as you are prayer walking,  
let them know you are praying for the neighborhood  
and ASK IF THERE IS ANYTHING specific you can pray  
for them about

Brainstorm some ideas about how you can pray for your neighborhood.

What ideas do you have for prayer walks or prayer in general?

Who do you know in your neighborhood who might want to prayer walk with you?

## JESUS SAID, "FOLLOW ME."

As His followers, we want to walk in His footsteps

Jesus spent his time on earth doing these three primary things:

- Blessing Others
- Revealing Who He Was
- Establishing His Kingdom

As we begin to incorporate these simple practices to BLESS, EAT and PRAY, we believe three things will happen.

- God will use us to bless others through our acts of blessing
- Through conversations around the table, we will get to share who Jesus is and why He matters to us.

### **(MATTHEW 6:9-13)**

By prayer walking and listening for God's heart for our neighborhoods and community we will see God's Kingdom on earth as it is in heaven.