

High School Adventure Week Packing List:

- **Bible, Notebook, Pen**
- **Refillable Water Bottle with Name on it**
- **String Bag- helpful in carrying items while hiking**
- **Sleeping Bag and Pillow**
- **Comfy Clothes- Shorts, Sweat pants, shirts, etc.**
- **Shoes for hiking and for beach**
- **Bathing Suit- So here's the scoop on Suits... Guys- just bring normal boxer-like suits. Girls- we prefer you wear a one piece or tankini. If you don't have one, that's ok. You don't have to buy one. Please bring a solid t-shirt to wear over it.**
- **2 Towels- One for showering and One for swimming**
- **Garbage bag for wet/dirty clothes**
- **Toothbrush/toothpaste/deodorant/soap/shampoo**
- **Sunscreen**
- **Flashlight**
- **Bug Spray**
- **Camping Chair**
- **Face wipes**
- **Hand Sanitizer**
- **Spending Money- \$20-\$50 – 2 travel meals and whatever souvenir or snack bar items that they may want.**
- **Prescription and Over the Counter Medications- These need to be in their original bottles and placed in a zip lock baggie with the students name on it.**

What not to bring:

- **Electronics/Phones**
- **Body Sprays- Perfume, Axe**