

## Ohio CACFP Weekly Menu for Children (5-Day)

SITE NAME: RiverTree Christian School & Childcare Center								
Type	Component	Minimum Serving			Date:	Date:	Date:	Date:
		1 & 2 years	3-5 years	6-12 years	Monday	Tuesday	Wednesday	Thursday
<b>AM Snack</b> (Serve 2 food components)	Vitamin. D Milk (12-23 mos.)	1/2 cup	1/2 cup	1 cup				
	1% Milk (2 yrs.-12 yrs.)							
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup				
	Grains/Breads	1/2 slice	1/2 slice	1 slice				
	Dry Cereal	1/4 cup	1/3 cup	3/4 cup				
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.				
	Other extra items							
<b>Lunch</b>	Vitamin. D Milk (12-23 mos.)	1/2 cup	3/4 cup	1 cup				
	1% Milk (2 yrs.-12 yrs.)							
	Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.				
	Fruit and/or vegetable and/or juice (to total 2 or more)	1/4 cup total	1/2 cup total	3/4 cup total				
	Grains/Breads	1/2 slice	1/2 slice	1 slice				
	Pasta/Noodles	1/4 cup	1/4 cup	1/2 cup				
	Other extra items							
<b>PM Snack</b> (Serve 2 food components)	Vitamin. D Milk (12-23 mos.)	1/2 cup	1/2 cup	1 cup				
	1% Milk (2 yrs.-12 yrs.)							
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup				
	Grains/Breads	1/2 slice	1/2 slice	1 slice				
	Dry Cereal	1/4 cup	1/3 cup	3/4 cup				
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.				
	Other extra items							

For more information on additional food components and amounts, please refer to Ohio CACFP Child Care Meal Pattern Chart.

This institution is an equal opportunity employer. Menu items subject to change due to availability.