

Ohio CACFP Weekly Menu for Children (5-Day)

SITE NAME: RiverTree Christian School & Childcare Center									
Type	Component	Minimum Serving			Date: 11-23	Date: 11-24	Date: 11-25	Date: 11-26	Date: 11-27
		1 & 2 years	3-5 years	6-12 years	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack (Serve 2 food components)	Vitamin. D Milk (12-23 mos.)	1/2 cup	1/2 cup	1 cup	Milk, unflavored				
	1% Milk (2 yrs.-12 yrs.)								
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup					
	Grains/Breads Dry Cereal	1/2 slice 1/4 cup	1/2 slice 1/3 cup	1 slice 3/4 cup	WG Chex Cereal or WG Cherrios Cereal	Blueberry Muffin	WG Club Crackers		
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.		Yogurt	Cheese stick		
Other extra items					Water	Water			
Lunch	Vitamin. D Milk (12-23 mos.)	1/2 cup	3/4 cup	1 cup	Milk, unflavored	Milk, unflavored	Milk, unflavored		
	1% Milk (2 yrs.-12 yrs.)								
	Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.	Bosco Cheesestick and Yogurt	Soy/ PB&J Sandwich Cheesestick	Turkey or Chicken Provolone Cheese		
	Fruit and/or vegetable and/or juice (to total 2 or more)	1/4 cup total	1/2 cup total	3/4 cup total	Green Beans	Peas	Corn		
					Applesauce	Pineapple	Peach Slices or Apple slices		
	Grains/Breads Pasta/Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup	Bread	WG Bread	WG Soft Tortilla or Bread		
Other extra items									
PM Snack (Serve 2 food components)	Vitamin. D Milk (12-23 mos.)	1/2 cup	1/2 cup	1 cup			Milk, unflavored		
	1% Milk (2 yrs.-12 yrs.)								
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup	100% Juice 4 or 6 ounces	Mandarin oranges	Banana Bread		
	Grains/Breads Dry Cereal	1/2 slice 1/4 cup	1/2 slice 1/3 cup	1 slice 3/4 cup	WG Goldfish Pretzels	WG Graham Cracker			
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.					
	Other extra items					Water			

For more information on additional food components and amounts, please refer to Ohio CACFP Child Care Meal Pattern Chart.
This institution is an equal opportunity employer. Menu items subject to change due to availability.