

Program Log for Radio Health Journal

Program	20-09	Executive Producer	Reed Pence
Air Week	03/01/20	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Donate Cars "Going to Do" OUTCUE:that's 1-800-835-1478.	:60
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: FOOD DESERTS, EATING HABITS, AND HEALTH	12:57
	<p>Synopsis: Public policy is built on the food desert theory: the lack of neighborhood supermarkets drives people to eat less fresh food and more junk food. New research is challenging that theory, but finding values of grocery stores in other, unexpected places. Experts discuss how nearby supermarkets change people and the neighborhoods where they live.</p> <p>Host and Producer: Reed Pence. Guests: Dr. Andrea Richardson, policy researcher, Rand Corporation; Dr. Hunt Allcott, Assoc. Prof. of Economics, New York Univ. & Senior Principal Researcher, Microsoft Research.</p> <p>Compliance issues covered: public health; consumerism; economic development; poverty; inner city issues; economic assistance policies</p> <p>Links for more information: https://www.rand.org/about/people/r/richardson_andrea.html; https://sites.google.com/site/allcott/home</p>	
14:47	SPOTBREAK 2: Progressive "Pep Talk Jamie's Voicemail" Johnson & Johnson "Heartline" OUTCUE:	:30
15:47	:02 PAUSE FOR LOCAL AVAIL	:30
15:49	SEGMENT 2: THE SCIENCE OF IMMORTALITY: WHEN IS LIFE TOO LONG?	:02
	<p>Synopsis: Some experts believe the healthy lifespan eventually may be extended to hundreds of years through genetic manipulation. This brings many philosophical and ethical questions, which a noted science author discusses.</p> <p>Host: Nancy Benson. Producer: Polly Hansen. Guest: Chip Walter, author, <i>Immortality, Inc.: Renegade Science, Silicon Valley Billions, and the Quest to Live Forever</i></p> <p>Compliance issues covered: health care; technology; ethics; senior citizens; aging</p> <p>Links for more information: https://chipwalter.com/about-chip-walter/</p>	7:06
22:55	SPOTBREAK 3: Kyowa Kirin "Parkinson's Disease"	2:00
24:55	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	1:33
26:28	SPOTBREAK 4 Johnson & Johnson "Heartline" Progressive "Song Idea Jamie's Voicemail"	:30
27:28	Program Conclusion	:30
27:58	TOTAL TIME	

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Program Log for Viewpoints Radio

Program	20-09	Written & Produced	Amirah Zaveri & Evan Rook
Air Week	03/01/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	
:45	SPOTBREAK 1: Progressive/Power Sports View SPORTS	:45
	Johnson & Johnson/Heatline	:30
1:46	:02 PAUSE FOR LOCAL AVAIL	:31
	OUTCUE: ...know your heart.	
1:48	SEGMENT 1: BODY-WORN CAMERAS: IS FAST-CHANGING TECH LEADING TO BETTER POLICING?	:02
	Synopsis: Today, body-worn cameras are a mainstay in many police departments across the country. While the new technology increases transparency, is it leading to better relationships between the public and police? How are innovations in the field - including the incorporation of artificial intelligence - changing officers' day-to-day duties?	10:48
	Host: Gary Price. Guests: Daniel Lawrence, Senior Research Associate, Urban Institute; Rick Smith, Founder, CEO, Axon Enterprise Inc.	
	Links for more info: https://www.axon.com/products/axon-body-3 https://www.urban.org/author/daniel-lawrence https://www.cam.ac.uk/research/news/use-of-body-worn-cameras-sees-complaints-against-police-virtually-vanish-study-finds	
	Compliance Issues Covered: Police, Community Relations, Minorities, Technology, Artificial Intelligence	
12:36	SPOTBREAK 2&3: Kyowa Kirin/Parkinson's Disease	:120
	OUTCUE: ...by Kyowa Kirin.	
14:36	:02 PAUSE FOR LOCAL AVAIL	:02
14:38	SEGMENT 2: THE ROLE OF COMPANIES IN PROTECTING THE PLANET'S BIODIVERSITY	8:04
	Synopsis: 1,000,000 animal and plant species now face the threat of extinction. As more than 80 percent of all global biodiversity lives on private land, what is the role of corporations when it comes to protecting these endangered species? Viewpoints speaks with Margaret O' Gorman, president of the Wildlife Habitat Council, about the creative and adaptive policies companies can take to make a difference.	
	Host: Marty Peterson. Guest: Margaret O' Gorman, President, Wildlife Habitat Council.	
	Links for more info: https://www.wildlifehc.org/ https://www.wildlifehc.org/bio/margaret-ogorman/ https://twitter.com/OGormanWHC?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor https://www.gmsustainability.com/manage/operations.html	
	Compliance Issues Covered: Biodiversity, Animal Species, Human Development, Business, Economy, Environment, Extinction, Endangered Species, Corporations, Global Issues	
22:42	SPOTBREAK 4: National Safety Council/Addressing Opioid Misuse	:60
23:42	CULTURE CRASH: THE ENDLESS TWISTS IN NBC'S THIS IS US	2:46
	Synopsis: The hit drama, <i>This is Us</i> has led its viewers down a puzzling, sometimes draining series of twists and turns throughout the last four seasons – but is the show finally fizzling out?	
	Host: Evan Rook	
	Compliance Issues Covered: Television, Culture	
26:28	SPOTBREAK 5: Geico/Business Idea	:30
	Pfizer Ibrance/It's Not Your Fault	:30
	com.	
27:28	Program Conclusion	:32
28:00	TOTAL TIME	

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Program Log for Radio Health Journal

Program	20-10	Executive Producer	Reed Pence
Air Week	03/08/20	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	
:48	SPOTBREAK 1: National Blood Clot Alliance "Cancer" OUTCUE:StopTheClot.org/SpreadTheWord	:48
1:44	:02 PAUSE FOR LOCAL AVAIL	:56
1:46	SEGMENT 1: POLYCYSTIC OVARY SYNDROME	:02
	<p>Synopsis: Polycystic ovary syndrome affects about 10% of American women, but has such a wide variety of troubling symptoms that it's often misdiagnosed. Experts discuss the disorder and what women should know.</p> <p>Host and Producer: Reed Pence. Guests: Dr. Felice Gersh, Medical Director, Integrative Medical Group of Irvine, Irvine, CA; Dr. John Nestler, Prof. of Medicine and Chairman, Dept. of Internal Medicine, Virginia Commonwealth Univ.; Dr. Brie Turner-McGrievy, Assoc. Prof. of Health Promotion Education Behavior, Univ. of South Carolina; Dr. Frank Gonzalez, Assoc. Prof. of Obstetrics and Gynecology, Univ. of Illinois-Chicago.</p> <p>Compliance issues covered: health care; women's issues; consumerism</p> <p>Links for more information: http://integrativemgi.com/doctors/dr-felice-gersh/; https://intmed.vcu.edu/about/leadership/nestler.html; https://hospital.uillinois.edu/find-a-doctor/frank-gonzalez; https://www.sc.edu/study/colleges_schools/public_health/faculty-staff/turner-mcgrievy_brie.php;</p>	13:04
14:50	SPOTBREAK 2: Pfizer "It's Not Your Fault" Johnson & Johnson "Heartline" OUTCUE:Know your heart.	:30
15:50	:02 PAUSE FOR LOCAL AVAIL	:30
15:52	SEGMENT 2: HEALTHCARE FOR CHILDREN IN POVERTY	:02
	<p>Synopsis: Poor children often can't access healthcare or other needs in spite of decades of efforts. A pediatrician who has established clinics for the poor discusses the problem.</p> <p>Host: Nancy Benson. Producer: Polly Hansen. Guest: Dr. Irwin Redlener, Prof. of Pediatrics, Columbia Univ. School of Medicine and Mailman School of Public Health and co-founder, Children's Health Fund</p> <p>Compliance issues covered: health care; public health; youth at risk; poverty</p> <p>Links for more information: https://www.mailman.columbia.edu/people/our-faculty/ir2110; https://www.childrenshealthfund.org</p>	6:37
22:29	SPOTBREAK 3: American Heart Association "Bedtime Variability" Donate Cars "Going to Do"	:61
24:30	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	:60
26:27	SPOTBREAK 4 Pfizer "The Women of MBC" Johnson & Johnson "Heartline"	1:57
27:27	Program Conclusion	:30
27:57	TOTAL TIME	:30



Program Log for Viewpoints Radio

Program	20-10	Written & Produced	Amirah Zaveri, Polly Hansen & Evan Rook
Air Week	03/08/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Johnson & Johnson/Heartline Grainger/Talk is Cheap	:31
1:46	:02 PAUSE FOR LOCAL AVAIL	:30
1:48	OUTCUE: ...get it done.	:02
1:48	SEGMENT 1: FROM GLOSSIER TO WARBY PARKER: STARTUPS THAT ARE REDEFINING THE RETAIL GAME	9:24
	Synopsis: If you take a look at some of the newer brands that are shaking up retail – from Dollar Shave Club to Casper mattresses – all of these ideas are based off traditional products rather than new inventions. How are some of these startups outperforming the big-name, traditional brands that have ruled the consumer market for decades? Host: Gary Price. Guest: Lawrence Ingrassia, former business editor, deputy managing editor, <i>The New York Times</i> , author, <i>The Billion Dollar Brand Club</i> . Links for more info: http://www.larryingrassia.com/ https://www.wsj.com/articles/billion-dollar-brand-club-review-clicking-the-disrupt-button-11580773644 https://www.amazon.com/Billion-Dollar-Brand-Club-Disruptors/dp/1250313066 https://www.mckinsey.com/industries/technology-media-and-telecommunications/our-insights/thinking-inside-the-subscription-box-new-research-on-e-commerce-consumers Compliance Issues Covered: Business, Startups, Entrepreneurship, Internet, Social Media, Revenue	
11:12	SPOTBREAK 2&3: National Safety Council/Addressing Opioid Misuse Progressive/Pep Talk Jamie's VM Grainger/Nerves of Steel	:62
13:14	OUTCUE: ...get it done.	:30
13:16	:02 PAUSE FOR LOCAL AVAIL	:02
13:16	SEGMENT 2: MOVE OVER ALBERT: UNCOVERING FEMALE SCIENCE GENIUSES OF THE PAST	9:24
	Synopsis: What exactly classifies a person as a genius? Are there biological differences between male and female geniuses? Viewpoints' explores these questions and highlights a few overlooked female scientists throughout history. Host: Marty Peterson. Guests: Janice Kaplan, author, <i>The Genius of Women, From Overlooked to Changing the World</i> ; Catherine Whitlock, author, <i>Ten Women Who Changed Science and the World</i> . Links for more info: https://www.catherinewhitlock.co.uk/ https://www.janicekaplan.com/ https://www.amazon.com/Women-Changed-Science-World-Levi-Montalici/dp/1635766109 https://twitter.com/JaniceKaplan2?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor https://www.amazon.com/Genius-Women-Overlooked-Changing-World/dp/1524744212 Compliance Issues Covered: Science, Gender, Research, History, Health, Literature, War, Women's Rights	
22:40	SPOTBREAK 4: Pfizer/It's Not Your Fault Johnson & Johnson/Heartline	:30
23:41	OUTCUE: ...know your heart.	:31
23:41	CULTURE CRASH: THE BEAUTY OF "BETTER CALL SAUL"	2:46
	Synopsis: <i>Better Call Saul</i> is the show we never knew we needed after the hit show <i>Breaking Bad</i> came to a close. Season 5 of the show is now airing on AMC. Host: Evan Rook Compliance Issues Covered: Television, Culture	
26:27	SPOTBREAK 5: Progressive/Top Hat Weird Words Johnson & Johnson/Heartline	:30
27:28	OUTCUE: ...know your heart.	:31
27:28	Program Conclusion	:32
28:00	TOTAL TIME	

Program Log for Radio Health Journal

Program	20-11	Executive Producer	Reed Pence
Air Week	03/15/20	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Alzheimer's Association "Facts and Figures 2020" OUTCUE: ...at ALZ.org.	:61
1:49	:02 PAUSE FOR LOCAL AVAIL	:02
1:51	SEGMENT 1: MEDICAL ERRORS, 20 YEARS AFTER "TO ERR IS HUMAN"	11:59
	<p>Synopsis: The Institute of Medicine report "To Err Is Human" in 1999 shook health care with the finding that as many as 120,000 Americans die each year due to medical mistakes. A noted researcher re-examines how far we've come since then and the difficult cooperation it will take to make patient safety more certain.</p> <p>Host and Producer: Reed Pence. Guest: Dr. Kathleen Sutcliffe, Bloomberg Distinguished Prof. of Business and Medicine, Johns Hopkins Univ. and co-author, <i>Still Not Safe: Patient Safety and the Middle Managing of American Medicine</i></p> <p>Compliance issues covered: health care; public safety; consumerism</p> <p>Links for more information: https://global.oup.com/academic/product/still-not-safe-9780190271268?cc=us&lang=en&#</p>	
13:50	SPOTBREAK 2: AbbVie "Break It Down" OUTCUE: ...brought to you by AbbVie.	:60
14:50	:02 PAUSE FOR LOCAL AVAIL	:02
14:52	SEGMENT 2: INTERMITTENT FASTING	7:34
	<p>Synopsis: Studies show that by this time of year, most of us have failed new year's resolutions to lose weight. A noted expert discusses how most people get in trouble with obesity and a more reasonable way to try to lose weight than most people follow.</p> <p>Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Michael Mosely, author, <i>The Fast 800</i></p> <p>Compliance issues covered: health care; consumerism</p> <p>Links for more information: https://thefast800.com</p>	
22:26	SPOTBREAK 3: American Heart Association "More Steps Per Day" National Recovery Center	:62
24:28	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	:60
26:24	SPOTBREAK 4 Geico "Moat They Stole My Water Bottle" Johnson & Johnson "Heartline"	:30
27:24	Program Conclusion	:30
27:54	TOTAL TIME	:30

Program Log for Viewpoints Radio

Program	20-11	Written & Produced	Amirah Zaveri, Pat Reuter & Evan Rook
Air Week	03/15/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	
:45	SPOTBREAK 1: ABbvie Pharmaceutical/Break It Down	:45
1:45	:02 PAUSE FOR LOCAL AVAIL	:60
1:47	SEGMENT 1: GETTING THINGS DONE: HINTS ON HOW TO DO IT BETTER	:02
	<p>Synopsis: Does it ever seem like the more you try to finish, the less you accomplish? It may be that you're expending too much energy on mindlessly doing rather than planning and prioritizing. Viewpoints' speaks to two experts in the field about some simple strategies you can employ to get things done in a more efficient manner.</p> <p>Host: Gary Price. Guests: David Allen, productivity consultant and author of <i>Getting Things Done: The Art of Stress-Free Productivity</i>; Steve McClatchy, founder of Alleer Training and Consulting, author of <i>Decide: Work Smarter, Reduce Your Stress and Lead by Example</i>.</p> <p>Links for more info: https://www.cnbc.com/2020/02/14/stanford-scientist-on-proven-habits-that-will-make-you-more-productive.html https://www.cnbc.com/2019/09/05/a-simple-guide-to-becoming-more-productivity-that-millions-swear-by.html https://gettingthingsdone.com/ https://alleer.com/</p> <p>Compliance Issues Covered: Productivity, Career, Goals, Writing, Communication, Literature, Parenting</p>	13:00
14:47	SPOTBREAK 2&3: Alzheimer's Association/Facts and Figures 2020 GEICO/MOAT Pillow Soft Fortress Johnson & Johnson/Heartline	:61 :30 :30
16:48	:02 PAUSE FOR LOCAL AVAIL	:02
16:50	SEGMENT 2: WHAT YOU DIDN'T KNOW ABOUT AMERICA'S FOUNDING FATHER	6:13
	<p>Synopsis: The white hair, rosy cheeks and stark complexion are what we often picture when we think of our first president. But behind his looks and historic accomplishments, what are some facts that are not as well publicized? Viewpoints' speaks with history buff and author, Alexis Coe to learn more about the man, the myth: George Washington.</p> <p>Host: Marty Peterson. Guest: Alexis Coe, author, <i>You Never Forget Your First: A Biography of George Washington</i>.</p> <p>Links for more info: https://www.whitehouse.gov/about-the-white-house/presidents/george-washington/ https://twitter.com/alexiscoe?lang=en https://www.alexiscoe.com/ https://www.amazon.com/gp/product/0735224102/ref=dbs_a_def_rwt_hsch_vapi_taft_p1_i0</p> <p>Compliance Issues Covered: History, Presidency, Politics, Government, War, Culture, Literature</p>	
23:03	SPOTBREAK 4: National Safety Council/Addressing Opioid Misuse OUTCUE: ...slash presidential plan.	:63
24:06	CULTURE CRASH: THE APPEAL OF MYSTERY MOVIES	2:21
	<p>Synopsis: From the classic 1985 film, <i>Clue</i> to the more recent release, <i>Knives Out</i>, the mystery genre can be just the right pick-me-up when you fall into a post-Oscar season movie slump. Viewpoints' discusses some of our favorites from this genre.</p> <p>Host: Evan Rook</p> <p>Compliance Issues Covered: Film, Culture, Film History</p>	
26:27	SPOTBREAK 5: Progressive/Lawn Bad Good News Johnson & Johnson/Heartline OUTCUE: ...know your heart.	:30 :30
27:27	Program Conclusion	:33
28:00	TOTAL TIME	

Program Log for *Radio Health Journal*

Program	20-12	Executive Producer	Reed Pence
Air Week	03/22/20	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Alzheimer's Association "Facts and Figures 2020" OUTCUE: ...at ALZ.org.	:61
1:49	:02 PAUSE FOR LOCAL AVAIL	:02
1:51	SEGMENT 1: THE U.S. TAKES ON CORONAVIRUS	13:08
	<p>Synopsis: In the past 10 days, the US has finally begun to institute aggressive tactics against coronavirus that may limit its spread and the death toll. But many Americans remain confused about what they should do and why. One of the nation's most authoritative infectious disease experts discusses.</p> <p>Host and Producer: Reed Pence. Guest: Dr. William Schaffner, Prof. of Preventive Medicine and Infectious Diseases, Vanderbilt Univ. Medical Center</p> <p>Compliance issues covered: health care; public health; public safety; employment; education</p> <p>Links for more information: https://www.vumc.org/health-policy/person/william-schaffner-md</p>	
14:59	SPOTBREAK 2: Progressive "Shampoo Weird Words" Pfizer "It's Not Your Fault" OUTCUE: ...at FindYourMBCVoice.com.	:30
15:59	:02 PAUSE FOR LOCAL AVAIL	:02
16:01	SEGMENT 2: THE EFFECT OF PUBLIC POLICIES ON THE CORONAVIRUS FIGHT	6:54
	<p>Synopsis: The effectiveness of efforts to contain coronavirus often depend on governmental policies determined years or even decades ago that, at the time, had nothing to do with public health. A health policy expert discusses some of these policies and what they mean for coronavirus testing and treatment.</p> <p>Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Paul Ginsburg, Leonard Schaffer Chair of Health Policy Studies, Brookings Institution and Director, University of Southern California-Brookings Schaffer Initiative in Health Policy</p> <p>Compliance issues covered: health care; public health; federal government; politics; immigration; consumerism; legislation; government spending; employment</p> <p>Links for more information: https://www.brookings.edu/experts/paul-ginsburg/</p>	
22:55	SPOTBREAK 3: Daichi Sankyo AstraZeneca "New Metastatic Breast Cancer Treatment" Donate Cars "Much Luck"	1:29
24:54	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	:30
26:27	SPOTBREAK 4: AbbVie "Break It Down"	:30
27:27	Program Conclusion	:30
27:57	TOTAL TIME	

Program Log for Viewpoints Radio

Program	20-12	Written & Produced	Amirah Zaveri & Evan Rook
Air Week	03/22/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	
:45	SPOTBREAK 1: AbbVie/Break It Down	:45
1:45	:02 PAUSE FOR LOCAL AVAIL	:60
1:47	SEGMENT 1: THE WONDERS OF REMOVING CLOTHING CLUTTER	:02
	<p>Synopsis: Ever feel like each morning you look at your closet, and despite the large number of clothes, never really have anything to wear? This abundance of extra fabric not only takes up space but also can be a burden to your headspace. We speak with two experts about how to shop and consume less as well as best organize the items you already have.</p> <p>Host: Gary Price. Guests: Courtney Carver, author, <i>Project 333: The Minimalist Fashion Challenge That Proves Less Really is So Much More</i>; Rachel Rosenthal, founder & CEO, Rachel & Company.</p> <p>Links for more info: https://bemorewithless.com/ https://twitter.com/bemorewithless?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor https://www.rachelrosenthal.co/ https://twitter.com/rachelorganizes</p> <p>Compliance Issues Covered: Consumerism, Waste, Shopping, Mental Health, Finance, Home Organization</p>	8:48
10:35	SPOTBREAK 2&3: Alzheimer's Association/Facts and Figures 2020 Pfizer/The Women of MBC Johnson & Johnson/Heartline	:62 :30 :30
12:37	:02 PAUSE FOR LOCAL AVAIL	:02
12:39	SEGMENT 2: THE RESURGENCE OF HAND EMBROIDERY: CRAFTIVISM THROUGH CROSS-STITCHING	10:29
	<p>Synopsis: In a moment where many are practicing 'social distancing', it can be a good opportunity to put down your phones and pick up a stress-relieving solo hobby. We speak with Shannon Downey, creator of Badass Cross Stitch, about the simplicity and art of cross-stitching as well as how she's used it to channel social issues.</p> <p>Host: Marty Peterson. Guest: Shannon Downey, creator of Badass Cross Stitch.</p> <p>Links for more info: https://www.instagram.com/badasscrossstitch/?hl=en http://www.badasscrossstitch.com/ https://www.projectfirechicago.org/</p> <p>Compliance Issues Covered: Art, Craft, History, Activism, Hobby, Education, Community, Mental Health</p>	
23:08	SPOTBREAK 4: National Safety Council/Addressing Opioid Misuse	:62
24:10	CULTURE CRASH: THE NEW SCI-FI MYSTERY SERIES "DEVS"	2:17
	<p>Synopsis: <i>Devs</i> has only released a handful of episodes on Hulu so far, but the sci-fi thriller has already generated a lot of buzz for its gripping plot and eerie feels. We dive into the limited series featuring leads Nick Offerman and newcomer, Sonoya Mizuno.</p> <p>Host: Evan Rook</p> <p>Compliance Issues Covered: Television, Science Fiction, Streaming</p>	
26:27	SPOTBREAK 5: Progressive Insurance/Cleaning Bad Good News Johnson & Johnson/Heartline	:30 :30
27:27	Program Conclusion	:33
28:00	TOTAL TIME	

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Program	20-13	Executive Producer	Reed Pence
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Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Alzheimer's Association "Facts and Figures 2020" OUTCUE: ...at ALZ.org.	:61
1:49	:02 PAUSE FOR LOCAL AVAIL	:02
1:51	SEGMENT 1: EASING THE STRESS OF WORKING AT HOME	12:41
	<p>Synopsis: Millions of Americans are suddenly having to work from home for the first time as a result of coronavirus. Many do not have a good home office setup, tech skills, family makeup or the temperament to do it. A remote working expert discusses the do's and don't's of working from home without going crazy.</p> <p>Host and Producer: Reed Pence. Guest: Teresa Douglas, co-author, <i>Working Remotely: Secrets to Success for Employees on Distributed Teams</i></p> <p>Compliance issues covered: employment; workplace issues; family issues; economics; public health</p> <p>Links for more information: https://www.simonandschuster.com/books/Working-Remotely/Teresa-Douglas/9781506254333</p>	
14:32	SPOTBREAK 2: AbbVie Pharmaceutical "Break It Down" OUTCUE: ...brought to you by AbbVie..	:60
15:32	:02 PAUSE FOR LOCAL AVAIL	:02
15:34	SEGMENT 2: KIDNEY DISEASE AND HIGH BLOOD PRESSURE	7:27
	<p>Synopsis: Most people who have kidney disease are not aware of it. In fact, nearly half of people with severe kidney disease don't know it. Kidney disease is often silent, and one of its main risk factors, high blood pressure, is silent as well. The head of the NIH's kidney research organization discusses this major public health issue and what people should look for to receive early intervention.</p> <p>Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Griffin Rodgers, Director, National Institute of Diabetes, Digestive and Kidney Diseases</p> <p>Compliance issues covered: health care; public health; consumerism</p> <p>Links for more information: https://www.niddk.nih.gov/about-niddk/meet-director</p>	
23:01	SPOTBREAK 3: US Tax Shield "Fresh Start" National Recovery Center	:60 :60
25:01	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	1:27
26:28	SPOTBREAK 4: Pfizer Ibrance "The Women of MBC" Geico "No Brainer Bobblehead"	:30 :30
27:28	Program Conclusion	:30
27:58	TOTAL TIME	

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Program Log for Viewpoints Radio

Program	20-13	Written & Produced	Amirah Zaveri, Polly Hansen & Evan Rook
Air Week	03/29/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	
:45	SPOTBREAK 1: Geico/Business Idea	:45
	Pfizer Ibrance/It's Not Your Fault	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:30
1:47	SEGMENT 1: CANNABIS: A COMPLICATED HISTORY	:02
	<p>Synopsis: Human use of cannabis dates back to tens of thousands of years ago. And the drug wasn't just used in medicinal or recreational settings, but also part of religious ceremonies or used by warriors before wartime battle. We speak with pharmacology expert Dr. Richard Miller about the drugs global history and its prohibition in the U.S. over the last 70 years.</p> <p>Host: Gary Price. Guests: Dr. Richard Miller, professor of pharmacology, Northwestern University Feinberg School of Medicine.</p> <p>Links for more info: https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=12007 https://news.northwestern.edu/for-journalists/faculty-experts/expert/richard-miller-phd https://www.history.com/topics/crime/history-of-marijuana</p> <p>Compliance Issues Covered: History, Medicine, Health, Pharmacology, Drug Use, Politics, Propaganda</p>	10:10
11:57	SPOTBREAK 2&3: Alzheimer's Association/Facts and Figures 2020	:62
	Progressive Insurance/Straight Talk Jamie's VM	:30
	Garlique/Take It From The Advocates	:30
13:59	:02 PAUSE FOR LOCAL AVAIL	:02
14:01	SEGMENT 2: FALLING THROUGH A CLOUD: LIVING WITH COGNITIVE DECLINE	8:53
	<p>Synopsis: World-renowned flutist and CBS correspondent Eugenia Zukerman was diagnosed with dementia and Alzheimer's three years ago. She details her experience living with the progressive disease and how she keeps a positive mindset despite the losses.</p> <p>Host: Marty Peterson. Guest: Eugenia Zukerman, flutist, writer and journalist, author, <i>Like Falling Through a Cloud: A Lyrical Memoir of Coping with Forgetfulness, Confusion and a Dreaded Diagnosis</i>.</p> <p>Links for more info: https://www.eugeniazukerman.com/ https://www.npr.org/2019/11/09/777569730/in-like-falling-through-a-cloud-eugenia-zukerman-explores-her-changing-mind https://www.amazon.com/Like-Falling-Through-Cloud-Lyrical/dp/1732491224</p> <p>Compliance Issues Covered: Alzheimer's, Dementia, Aging, Senior Citizen, Health, Family, Music</p>	
22:54	SPOTBREAK 4: Donate Cars/Going to Do	:60
23:54	CULTURE CRASH: PASSING THE TIME DURING THIS PERIOD OF 'SOCIAL DISTANCING'	2:29
	<p>Synopsis: We discuss some of the best selections now streaming on Netflix as millions turn to movies right now for evening entertainment,</p> <p>Host: Evan Rook</p> <p>Compliance Issues Covered: Film, Culture, Streaming</p>	
26:23	SPOTBREAK 5: AbbVie/Break It Down	:60
27:23	Program Conclusion	:33
27:56	TOTAL TIME	