

Program Log for Radio Health Journal

Program	20-05	Executive Producer	Reed Pence
Air Week	02/02/20	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: American Heart Association "Living Longer" OUTCUE: ...at heart.org.	:59
1:47	:02 PAUSE FOR LOCAL AVAIL	:02
1:49	SEGMENT 1: MUSIC AND MEDICINE	12:22
	<p>Synopsis: Pre-medical students have typically majored in science, but some medical schools are finding that liberal arts and even music majors with no science background can do well. Some admissions officers and doctors believe they may even have advantages, given the importance of communications in the doctor-patient relationship. A musician-turned-med student, an admissions officer and a musical doctor explain.</p> <p>Host and producer: Reed Pence. Guests: Hanna Boone, medical student, Memorial Univ. of Newfoundland; Dr. Barton Thiessen, Assoc. Prof. of Anesthesia and Asst. Dean of Admissions, Faculty of Medicine, Memorial Univ. of Newfoundland; Dr. Danielle Ofri, Clinical Prof. of Medicine, New York Univ. and Editor, Bellevue Literary Review</p> <p>Compliance issues covered: education; health care; fine arts; technology</p> <p>Links for more information: http://www.soundsymposium.com/ssix-hannah-boone/; https://www.med.mun.ca/getattachment/fd3babfb-0e24-4dbb-8c75-316694b84357/Newsletter-Volume-1;-Issue-1.aspx; https://danielleofri.com</p>	
14:11	SPOTBREAK 2: Progressive Insurance "The Book Idea Flo's Diary" OUTCUE: ...that's 1-800-835-1478.	:30
	Donate Cars "Much Luck"	:30
15:11	:02 PAUSE FOR LOCAL AVAIL	:02
15:13	SEGMENT 2: GERMS, DOUBLE-DIPPING AND THE FIVE-SECOND RULE	7:51
	<p>Synopsis: Super Bowl party snacks are prime territory for contamination via cross contamination and being dropped on the floor. A scientist who has studied both phenomena discusses the truth (or lack of truth) in two old myths.</p> <p>Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Paul Dawson, Prof. of Food, Nutrition and Packaging Science, Clemson Univ.</p> <p>Compliance issues covered: food safety; consumer safety; sports and recreation</p> <p>Links for more information: http://www.clemson.edu/academics/programs/creative-inquiry/projects/spotlight/food-myth.html</p>	
23:04	SPOTBREAK 3: Talcum Powder Legal US Tax Shield "Fresh Start"	:60
25:04	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	1:25
26:29	SPOTBREAK 4 Progressive Insurance "Terrycloth Weird Words" OUTCUE: ...that's 1-800-835-1478.	:30
	Donate Cars "Much Luck"	:30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	

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Program Log for Viewpoints Radio

Program	20-05	Written & Produced	Amirah Zaveri & Evan Rook
Air Week	02/02/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Progressive Insurance/Nightgown Weird Words Donate Cars/Much Luck	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:30
1:47	SEGMENT 1: WORLD WAR II: THE WOMEN OF THE OSS	:02
	<p>Synopsis: More than 75 years ago, a diverse set of men and women making up the Office of Strategic Services were united together in their determination to win World War II. Some served as government spies or propagandists and others gathered intelligence for army invasions. Whatever role they played, the OSS staff worked tirelessly for years and rose to the challenge wherever they were needed.</p> <p>Host: Gary Price. Guest: Katie S. Sanders, freelance journalist & World War II expert.</p> <p>Links for more info: https://www.nytimes.com/2019/03/06/magazine/intelligence-world-war-ii-oss-women.html https://www.katiessanders.com/ https://www.cia.gov/library/publications/intelligence-history/oss/art03.htm</p> <p>Compliance Issues Covered: World War II, Women, Intelligence, Government, Travel, History, Espionage</p>	9:07
10:54	SPOTBREAK 2&3: Idahoan/Demystification Progressive Insurance/Buttery Weird Words Donate Cars/Much Luck	:54
12:48	:02 PAUSE FOR LOCAL AVAIL	:30
12:50	SEGMENT 2: FRUSTRATED BY THE 24/7 POLITICAL NEWS MACHINE? GET INVOLVED INSTEAD.	:30
	<p>Synopsis: It seems like lately political breaking news has hit an all-time high with all of the continuous impeachment coverage and campaign trail updates. While it's important to be an informed citizen, what do you do with all of this knowledge? Is it leading to change? Could you do something better with your time? We delve into these questions and more this week on Viewpoints.</p> <p>Host: Marty Peterson. Guests: Eitan Hersh, associate professor, political science, Tufts University, author <i>Politics is for Power: How to Move Beyond Political Hobbyism, Take Action, and Make Real Change</i>; Naava Ellenberg, senior, Barnard University.</p> <p>Links for more info: https://www.amazon.com/Politics-Power-Beyond-Political-Hobbyism/dp/1982116781 https://www.theatlantic.com/ideas/archive/2020/01/political-hobbyists-are-ruining-politics/605212/ https://www.bustle.com/profile/naava-ellenberg-18208189</p> <p>Compliance Issues Covered: Politics, Community, Media, Television, Activism, Education, Government</p>	10:00
22:50	SPOTBREAK 4: Foreclosure Protection Services	:60
23:50	CULTURE CRASH: SCARY WINTER READS	:30
	<p>Synopsis: We explore Ian Reid's horror novel, "I'm Thinking of Ending Things" that tops our list of scariest books of all time. It's a quick read with a twisting plot that keeps you hooked all the way through.</p> <p>Host: Evan Rook</p> <p>Compliance Issues Covered: Literature, Horror, Film</p>	2:36
26:26	SPOTBREAK 5: Progressive Insurance/Top Hat Weird Words Donate Cars/Much Luck	:30
27:26	Program Conclusion	:30
27:59	TOTAL TIME	:33

Program Log for *Radio Health Journal*

Program	20-06	Executive Producer	Reed Pence
Air Week	02/09/20	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: US Tax Shield "Fresh Start" OUTCUE: ...800-568-1647.	:60
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: A MORAL QUESTION: DEMENTIA, SPOUSES, AND "CLOSE FRIENDS"	11:10
	<p>Synopsis: Spouses of Alzheimer's disease patients often struggle with depression while caregiving and are desperate for support. Some have started new relationships while their loved one is still alive but no longer recognizes them. Acceptance of such infidelity is highly individual. Experts and a woman involved in such a relationship discuss how it can benefit even the incapacitated spouse, as long as families find it acceptable.</p> <p>Host and Producer: Reed Pence. Guests: Dr. William Uffner, board certified geriatric psychiatrist, Friends Hospital, Philadelphia and Clinical Asst. Prof. of Psychiatry, Drexel Univ.; Sharon B. Shaw, Licensed Clinical Social Worker and Certified Group Psychotherapist, New York; Tammi Reeves, author, <i>Bleeding Hearts: A True Story of Alzheimer's, Family, and the Other Woman</i></p> <p>Compliance issues covered: health care; public health; elderly and senior citizens; family issues; ethics Links for more information: https://www.doximity.com/pub/william-uffner-md; https://www.linkedin.com/in/sharon-b-shaw-lcsw-cgp-01b1a92/; http://www.tamireeves.com/bleeding-hearts.html</p>	
13:00	SPOTBREAK 2: Pfizer "It's Not Your Fault" OUTCUE: ...for the ones who get it done.	:30
	Grainger "Win-Win"	:30
14:00	:02 PAUSE FOR LOCAL AVAIL	:02
14:02	SEGMENT 2: NEEDLE PHOBIA	8:27
	<p>Synopsis: Untold millions of people are afraid of needles. Most manage by looking the other way when they're facing an injection, but many may avoid the doctor as a result of their fear. The problem is increasingly dangerous for the rising number of people with diabetes, who must inject themselves with insulin to survive. A needle-phobic woman and doctor who's squeamish himself discuss.</p> <p>Host: Nancy Benson. Producer: Reed Pence. Guests: Laura Munoz, needle phobic; Dr. Gary LeRoy, President, American Academy of Family Physicians</p> <p>Compliance issues covered: health care; public health; children and youth at risk; consumerism Links for more information: https://www.aafp.org/news/2019-congress-fmx/20190925leroyqa.html</p>	
22:29	SPOTBREAK 3: Talcum Powder Legal OUTCUE: ...for the ones who get it done.	:60
	Donate Cars "Going to Do"	:60
24:29	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	2:00
26:29	SPOTBREAK 4 Garlique "Take It From the Advocates" OUTCUE: ...for the ones who get it done.	:30
	Grainger "Talk Is Cheap"	:30
27:29	Program Conclusion	:30
27:59	TOTAL TIME	

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Program Log for Viewpoints Radio

Program	20-06	Written & Produced	Amirah Zaveri & Evan Rook
Air Week	02/09/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:46
:46	SPOTBREAK 1: Garlique/Take It From the Advocates Primatene Mist/Can Happen Anywhere New	:30
1:46	:02 PAUSE FOR LOCAL AVAIL	:30
1:48	OUTCUE: ...use as directed.	:02
1:48	SEGMENT 1: VOTER ERROR: HOW A TRIP TO THE DMV TURNED INTO YEARS OF LEGAL WOES	11:28
	Synopsis: Can it ever be too easy to cast a ballot in an American election? The answer is yes. Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at a DMV in Illinois through a law best known as the Motor Voter Law. This originally well-intentioned program is now trapping hundreds of immigrants into federal charges and possible deportation for an act they didn't fully comprehend to begin with. Host: Gary Price. Guests: Richard Hanus, immigration lawyer; Elizabeth Keathley, immigration client. Links for more info: https://www.usavisacounsel.com/about-us http://waterwell.org/production/courtroom/ https://caselaw.findlaw.com/us-7th-circuit/1609918.html Compliance Issues Covered: Immigration, Voting, Law, Legal Problems, Culture, Government, Politics	
13:16	SPOTBREAK 2&3: Idahoan/Demystification Grainger/Family Primatene Mist/Can Happen Anywhere New	:54
15:10	OUTCUE: ...use as directed.	:30
15:12	:02 PAUSE FOR LOCAL AVAIL	:02
15:12	SEGMENT 2: WHAT HAPPENS WHEN MATHEMATICAL CALCULATIONS GO WRONG?	7:32
	Synopsis: The field of mathematics is still seen as a boring and overly complex field by many. But Matt Parker, a former math teacher turned popular YouTuber, is working to fix that stubborn mindset. In his new book, he illustrates the powerful and interesting side of math through real-life examples that have failed because someone's calculations were just slightly off. Host: Marty Peterson. Guest: Matt Parker, mathematician, YouTuber, author <i>Humble Pi: When Math Goes Wrong in the Real World</i> . Links for more info: https://www.penguinrandomhouse.com/books/610964/humble-pi-by-matt-parker/ https://www.youtube.com/channel/UCoxcjq-8xIDTYp3uz647V5A https://www.youtube.com/channel/UCSju5G2aFaWMqn-0YBtq5A http://standupmaths.com/ Compliance Issues Covered: Math, Education, Industry, Career, Science, Engineering, Computer Science	
22:44	SPOTBREAK 4: Foreclosure Protection Services	:60
23:44	OUTCUE: ...one five one.	
23:44	CULTURE CRASH: REMEMBERING THE LEGEND: KOBE BRYANT	2:43
	Synopsis: It can sometimes still feel unreal that NBA superstar Kobe Bryant is gone. The retired Los Angeles Lakers player was more than just an athlete, but a tremendous idol to millions of people across the world. We discuss his legacy and the fragility of life. Host: Evan Rook Compliance Issues Covered: Sports, Basketball, Death, Mentor, Culture, History, Career	
26:27	SPOTBREAK 5: Grainger/Talk Is Cheap Primatene Mist/Can Happen Anywhere New	:30
27:27	OUTCUE: ... use as directed.	:30
27:27	Program Conclusion	:32
27:59	TOTAL TIME	

Program Log for *Radio Health Journal*

Program	20-07	Executive Producer	Reed Pence
Air Week	02/16/20	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: US Tax Shield "Fresh Start" OUTCUE: ...800-568-1647.	:60
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: MEDICAL CHILD ABUSE	12:30
	<p>Synopsis: Parents who have a mental illness known as factitious disorder may fake or induce illness in their children to get attention, sometimes taking kids to hundreds of medical visits and deceiving doctors into performing numerous procedures and surgeries. Experts and a parent who got his child out of an abusive situation discuss how the legal & medical system may fail kids, danger signs and the road to recovery.</p> <p>Host and Producer: Reed Pence. Guests: Ryan Crawford, father of child medically abused by his mother; Dr. Marc Feldman, Clinical Prof. of Psychiatry, Univ. of Alabama and author, <i>Dying to be Ill: True Stories of Medical Deception</i>; Dr. Mary Sanders, Clinical Assoc. Prof. of Psychiatry, Stanford Univ. Medical Center</p> <p>Compliance issues covered: children and youth at risk; child abuse; child protective services; parenting issues; health care; legal/justice system</p> <p>Links for more information: https://www.star-telegram.com/news/local/crime/article234077982.html; https://www.munchausen.com/index.php/biography/; http://www.marysandersphd.com/about</p>	
14:20	SPOTBREAK 2: Geico "MOAT Pillow Soft Fortress" OUTCUE: ...for the ones who get it done.	:30
	Grainger "Talk Is Cheap"	:30
15:20	:02 PAUSE FOR LOCAL AVAIL	:02
15:22	SEGMENT 2: CORONAVIRUS: WHAT DOES IT MEAN TO US?	7:11
	<p>Synopsis: Coronavirus has sickened tens of thousands in China and killed hundreds, but few cases have reached the US. Experts explain exactly what this Coronavirus is and the relative danger it poses compared to more familiar diseases such as influenza.</p> <p>Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. William Schaffner, Prof. of Preventive Medicine and Infectious Diseases, Vanderbilt Univ. Medical Center; Dr. Jon Mark Hirshon, Prof. of Emergency Medicine, Epidemiology and Public Health, Univ. of Maryland, and Chairman, American College of Emergency Physicians.</p> <p>Compliance issues covered: health care; public health; consumerism; infectious diseases</p> <p>Links for more information: https://www.vumc.org/health-policy/person/william-schaffner-md; https://www.acep.org/people-pages/board/jon-mark-hirshon/</p>	
22:33	SPOTBREAK 3: Talcum Powder Legal OUTCUE: ...for the ones who get it done.	:60
	Donate Cars "Going to Do"	:60
24:33	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	1:55
26:28	SPOTBREAK 4 Garlique "Take It From the Advocates" OUTCUE: ...for the ones who get it done.	:30
	Grainger "Family"	:30
27:28	Program Conclusion	:30
27:58	TOTAL TIME	

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Program Log for Viewpoints Radio

Program	20-07	Written & Produced	Amirah Zaveri, Annie Krall & Evan Rook
Air Week	02/16/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:46
:45	SPOTBREAK 1: Garlique/Take It From the Advocates Grainger/Talk is Cheap	:30 OUTCUE: ...get it done.
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: COLORING OUTSIDE THE LINES	10:22
	<p>Synopsis: Coloring books aimed at children, adults and even seniors have been all the rage in recent years and are still trending in 2020. But what's so special about these patterns and designs that draw people in? We delve into the process of putting together these collections and why the creative outlet has become a mainstay for so many looking to switch off and de-stress.</p> <p>Host: Gary Price. Guests: Johanna Basford, artist, author; Jenean Morrison, artist, designer, author. Links for more info: https://www.johannabasford.com/ https://www.amazon.com/Johanna-Basford/e/B00J1YSPE4%3Fref=dbs_a_mng_rwt_scns_share https://www.amazon.com/Jenean-Morrison/e/B00AI2Q5DG%3Fref=dbs_a_mng_rwt_scns_share https://www.instagram.com/jeneanmorrison/?hl=en Compliance Issues Covered: Art, Coloring, Mental Health, Culture, Creativity, Stress, Literature, Seniors</p>	
12:09	SPOTBREAK 2&3: Foreclosure Protection Services Pfizer Ibrance/It's Not Your Fault Progressive Insurance/Power Sports View	:60 :30 OUTCUE: ...by state law.
14:09	:02 PAUSE FOR LOCAL AVAIL	:02
14:11	SEGMENT 2: RETHINKING HEALTHCARE: HOW DO YOU FIX A FLAWED SYSTEM?	8:50
	<p>Synopsis: The topic of healthcare is one of the most debated issues so far in the 2020 election – but what's the fix for the expensive, inefficient system that's currently in place? So far it's a murky answer. Millions are struggling with the high cost of care, doctors are burning out and patient-doctor interaction is at an all-time low. We speak with an industry expert about the current woes of American healthcare and what can be done.</p> <p>Host: Marty Peterson. Guest: Samuel Shem, author, <i>House of God, Man's 4th Best Hospital</i>.</p> <p>Links for more info: https://www.theatlantic.com/health/archive/2012/11/samuel-shem-34-years-after-the-house-of-god/265675/ https://www.amazon.com/gp/product/1984805363/ref=dbs_a_def_rwt_bibl_vppi_i1 https://www.amazon.com/gp/product/0425238091/ref=dbs_a_def_rwt_bibl_vppi_i0 http://www.samuelshem.com/v2/ https://en.wikipedia.org/wiki/Samuel_Shem</p> <p>Compliance Issues Covered: Medicine, Healthcare, Career, Health, Insurance, Literature, Government</p>	
23:01	SPOTBREAK 4: Donate Cars/Going to Do	OUTCUE: ...four seven eight.
24:01	CULTURE CRASH: THE BROADWAY HIT "HAMILTON" COMES ALIVE AGAIN	2:27
	<p>Synopsis: The writer of "Hamilton" Lin-Manuel Miranda is back at it again. Come October 2021, the Broadway play is set to hit theaters across the country. But will it be worth the watch?</p> <p>Host: Evan Rook</p> <p>Compliance Issues Covered: Broadway, Musical, Film, Culture, History</p>	
26:28	SPOTBREAK 5: Geico/Pick Up-REV Grainger/Win-Win	:30 OUTCUE: ...get it done.
27:28	Program Conclusion	:32
28:00	TOTAL TIME	

Program Log for Radio Health Journal

Program	20-08	Executive Producer	Reed Pence
Air Week	02/23/20	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: US Tax Shield "Fresh Start" OUTCUE: ...800-568-1647.	:60
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: GENES AND HIGH CHOLESTEROL	12:10
	<p>Synopsis: More than 100 million Americans have high cholesterol, a major risk factor for heart disease. Most people think of their diets as the main cause, but genetics also play a role in both good and bad ways. A noted expert discusses how scientists are harnessing cholesterol genes to lower the risk of heart attacks.</p> <p>Host and Producer: Reed Pence. Guest: Dr. Kiran Musunuru, Assoc. Prof. of Cardiovascular Medicine and Genetics, Univ. of Pennsylvania and author, <i>The Crispr Generation: The Story of the World's First Gene-Edited Babies</i></p> <p>Compliance issues covered: health care; public health; consumerism</p> <p>Links for more information: https://www.med.upenn.edu/cvi/musunuru-laboratory.html</p>	
14:00	SPOTBREAK 2: AbbVie "Break It Down" OUTCUE: ...brought to you by AbbVie.	:60
15:00	:02 PAUSE FOR LOCAL AVAIL	:02
15:02	SEGMENT 2: BIG DATA IN MEDICINE	7:59
	<p>Synopsis: Big data is changing the world, but it's been slow in coming to healthcare. An expert in healthcare IT explains how that's changing and what it could mean to treatment.</p> <p>Host: Nancy Benson. Guest: Paddy Padmanabhan, CEO, Damo Consulting and author, <i>The Big Unlock: Harnessing Data and Growing Digital Health Businesses in a Value Based Healthcare Era</i></p> <p>Compliance issues covered: health care; technology</p> <p>Links for more information: https://www.cio.com/author/Paddy-Padmanabhan/</p>	
23:01	SPOTBREAK 3: Kyowa Kirin "Parkinson's Disease"	2:00
25:01	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	1:26
26:27	SPOTBREAK 4 Grainger "Talk Is Cheap"	:30
	Progressive Insurance "Win Big Sports View"	:30
27:27	Program Conclusion	:30
27:57	TOTAL TIME	

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Program Log for Viewpoints Radio

Program	20-08	Written & Produced	Amirah Zaveri & Evan Rook
Air Week	02/23/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:46
:45	SPOTBREAK 1: Grainger/Win-Win Progressive Insurance/Drum Solo Get Pumped Sports OUTCUE: ...from all agents.	:30 :31
1:46	:02 PAUSE FOR LOCAL AVAIL	:02
1:48	SEGMENT 1: REDEFINING SUGAR: ENJOYING SWEET TREATS WITHOUT THE GUILT	12:09
	Synopsis: From sugary lattes to grocery staples like yogurt and bread, sugar still seems to be lurking everywhere. Even with greater awareness, it can still be hard to avoid the cookies and cake if you're craving something sweet. Viewpoints speaks with baking blogger, Elif Yamangil and cookbook author, Jennifer Tyler Lee about the importance of limiting sugar in your diet and how to do so while still indulging in some healthier sweets. Host: Gary Price. Guests: Elif Yamangil, engineer at Google, creator of the blog, Plenty Sweet; Jennifer Tyler Lee, author, <i>Half the Sugar, All the Love</i> . Links for more info: http://www.plentysweet.net/ https://www.instagram.com/plentysweet200/ https://www.52newfoods.com/ https://www.amazon.com/gp/product/1523504234/ref=dbs_a_def_rwt_bibl_vppl_i0 https://www.wellplated.com/ Compliance Issues Covered: Baking, Cooking, Health, Sugar Intake, Disease, Education, Motherhood	
13:57	SPOTBREAK 2&3: Kyowa Kirin/Parkinson's Disease OUTCUE: ...by Kyowa Kirin.	:120
15:57	:02 PAUSE FOR LOCAL AVAIL	:02
15:59	SEGMENT 2: BORN INTO SLAVERY: FIRSTHAND PERSPECTIVES OF FORMERLY ENSLAVED MEN AND WOMEN	6:57
	Synopsis: Imagine being born into slavery in the South. You have not a dime to your name, received no education and all you know are the surrounding fields of a plantation. What would you do after slavery is abolished? How would you start over? February is Black History Month. As we remember the past and the history of slavery in America, it's important to not only take in the perspectives of historians and educators, but also direct firsthand accounts from the people who lived through this experience. Viewpoints' speaks with historian and photographer, Richard Cahan, co-author of the new book <i>River of Blood: American Slavery From the People Who Lived It</i> . Host: Marty Peterson. Guest: Richard Cahan, co-author, <i>River of Blood: American Slavery From the People Who Lived It</i> . Links for more info: https://www.cityfilespress.com/books/river-of-blood/ https://www.amazon.com/River-Blood-American-Slavery-People/dp/0991541855 https://www.loc.gov/collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collection/ https://twitter.com/picturetweeter?lang=en Compliance Issues Covered: Black History Month, Education, History, Literature, Inequality, Race, Poverty	
22:56	SPOTBREAK 4: Grainger/Family Progressive Insurance/Grocery List Jamie's VM OUTCUE: ...states or situations.	:60
23:56	CULTURE CRASH: THE JOY OF TV COMEDY SPECIALS	2:30
	Synopsis: Sometimes you don't want a critically acclaimed show or Oscar-worthy movie, but rather something funny like a cheesy rom-com or a bit of classic stand-up. We discuss two Bo Burnham comedy specials that are now streaming on Netflix. Host: Evan Rook Compliance Issues Covered: Television, Culture, Comedy, Streaming	
26:26	SPOTBREAK 5: AbbVie Pharmaceutical/Break It Down OUTCUE: ...you by AbbVie.	:60
27:26	Program Conclusion	:31
27:57	TOTAL TIME	