



November 2015

Dear Trunk or Treat Vendor,

On behalf of Canton Parks & Recreation, I would like to thank you for volunteering your time at our Trunk or Treat event. Our first annual Trunk or Treat was a huge success with 2,500 people attending the event! We could not have put on this spooktacular and family-friendly event without you! I hope to see you at the event next year.

Thank you,

Matthew McCallum, Assistant Program Director
Canton Parks & Recreation
1414 Market Avenue North
Canton, OH 44714

Den Mark O'Brien & friends at Q12,

Thank you for helping us spread the word about our hunger-fighting event - The Food for the PEOPLE car raffle. We needed your support to come to the success of the event. Thank you for your support.

Angie Weiskind



Fighting Hunger Since

1981



Wishing you a year filled with music!

Happy New Year from your friends at the
International House of Blues Foundation.



WDJQ GM,

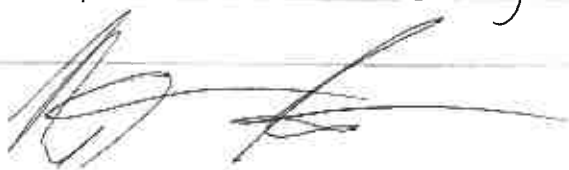
Hello. I'm that prisoner that keeps distracting your employees. I'm writing to say that your station (speaking from the perspective of a radio nerd) is very well executed and run. Q92 is the one station where I don't dread hearing a DJ between songs, because it's a DJ instead of a voice track. I've noticed a disturbing trend on a lot of other stations that, as someone who always wanted to be a DJ, irritates me. I'm even pointing it out to people in here, an evil conspiracy to make people hate DJs... On every other station, the only time you ever hear a personality associated with the station, it's either to whore out a concert event they're sponsoring, or it's immediately before a commercial break. Rarely does it seem like they connect at all with what they're playing or doing. Last night, on one of those terrible nationwide "music service" things common to Clear Channel, the voice track started talking about Linkin Park and their new album and clearly said "Here's their new release "Guilty All The Same", and it wasn't. Sure enough, all 3 stations I get that do a "music service" overnight were the exact same mistake.

I'm not gonna pretend I'm a loyal listener. I like everything. My MP3 player goes from rap to rock to Japanese rock to Swedish techno to opera to jazz (and that's just what they sell on the prison music store... They don't even have MGTATA, the awesome Bulgarian rapper.) I will say, though, that I greatly enjoy how much fun Q92 is. Q92 has a personality and a soul, it's not some dead soulless iPod on shuffle like the other stations. When your DJs pop up, I don't have the immediate desire to change the station, because it doesn't

Q

automatically mean I'm getting commercials. They're connecting to the music, they're making jokes, they're not just talking.

I did a "real" show on the internet like this, I did it live, I did skits, live calls, played songs, took requests, prank called people, I always decried the "death of real radio", because real radio is fun. My listeners were fiercely loyal, and I can say that Q92 is what I call "real radio". Its a rare thing. I don't say it often, because its so uncommon. Throwing someone in a booth and having them read lines may be cheaper, but if you lose the loyalty of the fanbase, you'd turn into another iPod on shuffle. Short term, it may not be bad (WHLK is number 1 in Cleveland now apparently, and they have no DJs). But, think about this... If I had to choose between my iPod or someone else's iPod, what do you think I'm gonna pick? (even though I'd never own an iPod... They dont play .ogg files :)) I think its a mistake for radio to try to imitate peoples portable devices. Radio cannot ever be as flexible as those devices (I can fast forward and pick songs on mine, but not theirs) and modeling after them, when its obviously different, will probably make those stations seem very limiting when peoples love affair with homogenized imitation ends. There's a generation of younger people who are turning back to vinyl because they think the current way things are going is bad. I have to agree (I didnt grow up with vinyl, but I sure did love the experience I had with it before getting locked up). Those are the types that appreciate what Q92 is trying to do (successfully). Dont ever sell to Clear Channel, CBS, or Cumulus. They'll murder the station. If Q92 is still the same station when I get out in 2018, well, hopefully you'll hire felons cuz I'ma send you my info. If not, well, the internet might still love me. I just gotta make sure I pay the licensing fees (at least while I'm on probation...) Thanks for not being a sellout station. Radio nerds like me appreciate it"



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Pub. Advertisement

Local Retailer BargMAX has Successful Grand Re-Opening

BY J. MILLER

Media Services

This past Saturday, locally owned business BargMAX opened its doors to the public after being closed since September.

BargMAX, which was previously located right next to TGD – Great American Food, moved their operation right up the street into the same plaza as Toys R Us. Their new space is a whopping 22,000 square feet which allows them to shelve thousands of great deals on brand name products.

There aren't many bargain stores in the area that



REMEMBERING ALS CARE PROJECT IN THE MONTH OF MAY



ALS CARE PROJECT ENDEAVORS TO:

- Help improve survival and the quality of life until the end-of-life for ALS in the USA and world (through writing for publication and producing educational programs/materials on best practices for respiratory care of ALS).
- Explore common factors that may cause ALS, with the hope that the prevention and treatment of ALS may be found (by pursuing the epidemiology study in Ohio).
- Educate nurses and other allied health professionals (on best practices of ALS care in the community based setting for achieving best life outcomes).



ALS CARE PROJECT IS SEEKING NURSE EDUCATORS, PROFESSIONAL LEADERS AND COLLEGE STUDENTS TO ASSIST WITH VITAL PROJECTS.

For an interview, call 330-492-4ALS or send an email to care4als@alscaproject.org.

WHY CONTRIBUTE TO ALS CARE PROJECT?

- The primary mission of ALS Care Project is crucial and nonexistent elsewhere.
- To make a significant difference in the lives of people with ALS worldwide and the local community **WHO ARE LIVING NOW**
- Serves as the only organization who provides services (based in the community setting) by an ALS Nurse Specialist in north-east Ohio (and one of the few in the USA)
- To complete the epidemiology study in 2015-2016
- Giving to ALS Care Project is an investment into the lives of the ALS population

ALS CARE PROJECT HAS THE NEED FOR FUNDS TO PURSUE AND COMPLETE VITAL PROJECTS



THANK YOU FOR YOUR SUPPORT

TO DONATE TO ALS CARE PROJECT:

Go to www.alscareproject.org/donate to donate online via PayPal or mail check to:

ALS Care Project, 4450 Belden Village Street NW, Suite 704A, Canton, OH 44718

**WE THANK EVERYONE WHO REMEMBERS
ALS CARE PROJECT IN THEIR 2015 CHARITABLE GIVING**

ALS Care Project is a 501©3 nonprofit organization. All contributions are tax-deductible and appreciated.



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ALS CARE PROJECT
Belden Glass Tower
450 Belden Village Street NW
Suite 704A
Canton, Ohio 44718

*Improving the care of people with
ALS through research and education"*

003*003*****SCH 3-DIGIT 442
D.A. PETERSON INC
RADIO STATIONS WDPN-AM/WDJQ-FM
393 SMYTH AVE
ALLIANCE OH 44601-1562

ALS CARE PROJECT
FOUNDED IN
YEAR 2000

"ALS Care Project is the *only nonprofit* whose primary mission is to improve the care of people with ALS (Lou Gehrig's Disease) through research and education."

ALS CARE PROJECT

2015 Progress Report

"We endeavor to improve the quality of life and survival of those with ALS and to help find the cause of ALS"

ALS Care Project Thanks Supporters for Making a World of Difference!

ALS CARE PROJECT
Belden Glass Tower
4450 Belden Village Street NW, Suite 704A
Canton, Ohio 44718
330-492-4ALS (4257)
Care4als@alscareproject.org • Website - alscareproject.org





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MAY IS ALS AWARENESS MONTH

ALS CARE PROJECT
Making a significant difference in the lives of people with ALS
Worldwide

ALS CARE PROJECT PROGRESS REPORT

2015 Edition

Cutting Edge Report For ALS Care GOES GLOBAL IN 2015

Reaching 1,500 Respiratory Care Practitioners Worldwide

At the 14th International Conference on Home Mechanical Ventilation in Lyon, France on March 26-28, 2015, Cazzolli gave an oral and poster presentation on causes of noninvasive breathing support failure in patients with ALS, based on clinical evidence.

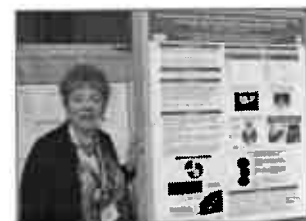


Pamela Cazzolli, RN, Director, ALS Care Project

THE 4 PRIMARY REASONS FOR FAILED USE OF NONINVASIVE VENTILATION (NIV) IN PATIENTS WITH ALS

1. Severe oral secretions, inability to maintain upper airway clearance;
2. Unawareness on when to use NIV, after NIV initiation;
3. Use of morphine/oxygen in NIV tolerant users;
4. Use of sleep therapy devices or inappropriate ventilator settings;

On March 28, 2015 at the international conference, Cazzolli gave the oral presentation in the Neuromuscular Disease Session, chaired by Dr. J. Gonzalez, pulmonary physician at the *(continued, page 2)*



Cazzolli gave Poster Presentation

LIVING WITH ALS KATHY'S TESTIMONY OF HER 18 YEARS

Kathy Carona was diagnosed with ALS in May 1997, after an onset of weakness in her hand, followed by bouts of falling. At the time, her twin daughters (Theresa and Jen) were 9 years old, and son, Matt, was 12. Also, Kathy's husband, Nick, was a Sergeant Deputy Sheriff in Stark County. When Kathy was diagnosed with ALS, at the age of 43, she was an x-ray technician for a "stat care" at Mercy Medical Center. In 1998, however, it became necessary for Kathy to retire. Despite the ALS diagnosis, Kathy and Nick decided to keep life as normal as possible and to go on living. The children were told their mother had "motor neuron disease," that caused the progressive muscle weakness. Through the years, the diagnosis never stopped the family, including the children's daily sports, swimming classes, or activities at school. Kathy made the decision, from the first day of her diagnosis, that she would see her children grow up.

By 1999, two years after being diagnosed and care followed at the Cleveland Clinic, Kathy and Nick turned to the local community in Canton for ongoing management of care.

(continued, page 3)



Carona Family

AULTMAN HEALTH TALK OPEN TO THE PUBLIC

"Understanding ALS, Best Care Management, and Latest Research"

**Wednesday, May 6, 2015
6:00 pm to 7:30 pm**

**Speaker: Pamela Cazzolli, RN
Aultman North Canton Medical Group
In the Educational Building
6046 Whipple Ave NW, North Canton, OH 44720**

ALS Care Reported in Brussels

FACTORS ASSOCIATED WITH FAILED USE OF NONINVASIVE BREATHING SUPPORT IN ALS PATIENTS, CAUSING PREVENTABLE COMPLICATIONS, EARLY MORTALITY AND UNDESIRED OUTCOMES

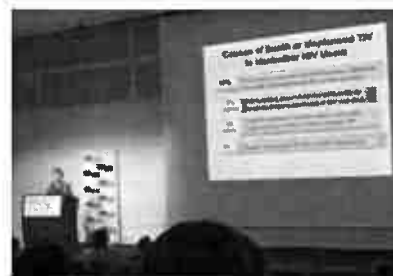
On December 5-7, 2014, Pamela Cazzolli, RN of the ALS Care Project gave a platform presentation at the 25th International Symposium on ALS/MND in Brussels. She spoke about the most common factors causing failed use of noninvasive breathing support (often referred as nasal mask or mouthpiece ventilation). Cazzolli was one of five invited speakers for the Respiratory Management Session. Over 900 clinicians and neuroscientists from around the world attended the symposium.

Cazzolli is widely known as a nurse researcher of the largest community based studies of ALS patients using mechanical ventilation (breathing support) through patient visits. Her observational studies are recognized as historical. Since 1984, Cazzolli has visited hundreds of patients at their homes and care facilities throughout the entire state of Ohio, Western PA and WV. As a result, she and her collaborators developed an Oral Secretion Scale (OSS) for predicting tolerance of noninvasive breathing support, survival and best respiratory care interventions for ALS.

In 2013, Cazzolli reported at the Milan, Italy International Symposium on ALS/MND on ways that healthcare providers can use the OSS for achieving best patient outcomes. At the recent symposium in Brussels, several clinicians told Cazzolli how they have been using the secretion scale in their clinics for predicting best practices of care. A European neurologist reported that she keeps the Oral Secretion Scale in her cell phone for quick glance when assessing ALS patients.



Cazzolli Speaking at ALS Symposium in Brussels



Cazzolli speaks on preventing complications at Int'l Symposium on ALS in 2014

Cutting Edge Report For ALS Care GOES GLOBAL IN 2015 Reaching 1,500 Respiratory Care Practitioners Worldwide *(Continued, from page 1)*



Pam Cazzolli met with Dr. J. Gonzalez of Salpêtrière Hospital to discuss research.

ALS clinic of the Salpêtrière Hospital in Paris, France. At the conference, Cazzolli and Dr. Gonzalez discussed the need for further research on risks of aspiration in patients with ALS. A few years ago, the ALS clinic at the Salpêtrière Hospital validated the Oral Secretion Scale for predicting NIV tolerance and care interventions, established by Cazzolli and her team of collaborators.

The Late Dr. Charcot of the Salpêtrière Hospital First Describes Saliva Drooling in 1888

In 1874, Dr. Jean-Martin Charcot of the Salpêtrière Hospital in Paris, France, first described ALS, then coined the name, amyotrophic lateral sclerosis. On February 28, 1888, Dr. Charcot described in his notes about an ALS patient with bulbar impairment. He wrote: "The patient drools and keeps his handkerchief constantly in his mouth." Dr. Charcot is known as the founder of modern neurology. The Salpêtrière Hospital is the birthplace of the field of neurology, where neurologic diseases were first described. The Salpêtrière Hospital, originally constructed in the 17th century, is the largest hospital in Europe, including the largest ALS clinic in the world today.

**ALS SPOTLIGHTED
WORLDWIDE
AGAIN IN 2015**

The gripping movie about Stephen Hawking's long battle with ALS, *The Theory of Everything*, won the Academy Award for best actor in February 2015. Ironically, the movie, *Still Alice*, won the Academy Award for best actress. *Still Alice* was written and directed by Richard Glatzer, who has ALS.



ATTENTION: NURSES AND RESPIRATORY CARE CLINICIANS NONINVASIVE BILEVEL VENTILATOR TECHNOLOGY HAS CHANGED!

All the new bilevel models indicated for NIV, now contain multiple modes of ventilation for treating both respiratory insufficiency due to hypoventilation (in ALS) AND for people with sleep disorders (without ALS). This includes the BiPAP S/T, BiPAP AVAPS, and Stellar. If one of these ventilators is used for an ALS patient, be sure to use the "back-up or S/T mode and avoid the CPAP or "S" (spontaneous) mode/feature. Use of a CPAP or a "spontaneous" mode is designed for sleep therapy. Such a mode requires patient-triggered breaths, increases the work of breathing and does not provide adequate ventilation for ALS. Thus, use of a CPAP or "S" mode in a ventilator is not indicated for people with ALS and can result in failed NIV use. For questions or comments about respiratory equipment or breathing support for people with ALS, anyone may call 330-497-1792 or 330-492-4257.

HOW ALS CARE PROJECT IS MAKING A SIGNIFICANT DIFFERENCE IN THE LIVES OF PEOPLE WITH ALS

People with ALS often face unnecessary respiratory distress and emergency hospitalizations. Avoidable complications include: choking spells, panic attacks, pneumonia, labored breathing and premature deaths. A primary cause of undesired outcomes is that guidelines for respiratory care of ALS (based on clinical evidence) in peer-reviewed journals are insufficient or nonexistent. Consequently, healthcare professionals who provide services to ALS patients do not have access to best practices on respiratory management for ALS in their references. The ALS Care Project can greatly impact the respiratory outcomes and survival of ALS patients (in the local community and worldwide) by writing for publication and presenting educational programs/materials. Education is the key to planning best care interventions and desired outcomes. Being prepared well ahead is always better than being a day too late.

LIVING WITH ALS - KATHY'S TESTIMONY OF HER 18 YEARS *(continued, from page 1)*

Kathy and Nick also attended the ALS Support Group Meetings in Canton. After being educated on options for breathing and living, Kathy first saw Dr. Eyad Nashawati in 2002. Then in 2005, she began using the BiPAP S/T (bilevel respiratory assist device) part-time. By May 2014, Kathy then transitioned to another breathing support device and currently uses: the BiPAP AVAPS Noninvasive Ventilator (in the S/T mode) with use of a nasal/oral mask. Kathy and Nick attribute the long term survival and quality of life as the result of: never giving up; the strong desire to live and being here for their children; always having something to look forward to and something to do; and now, most importantly, the optimal use of breathing support, as prescribed by Dr. Nashawati. Currently, Kathy uses mask ventilation 20+ hours per day.



ALS Care Project recommends that all people with ALS have a pulmonary physician.

In the local community, ALS Care Project refers ALS patients to Eyad Nashawati, MD, DABSM, FCCP, Pulmonary Physicians, Inc. (Canton, OH).

He has specialized in the respiratory care of ALS patients at their homes for many years.



We're Here To Help
**SUPPORT GROUP
MEETINGS ANNOUNCED**

Canton Area ALS Support Group Meetings

Wed, April 29 at 2pm • Wed, June 10 at 2pm

ALS Family Grief Recovery Meetings

Tues, April 28 at 6pm • Tues, June 9 at 6pm

**Held at: ALS Care Project Conference Room at
4450 Belden Village St NW, Ste 704A
(Belden Glass Tower), Canton, OH 44718**

**To see additional 2015 meeting dates & times, go to
alscareproject.org, or for a private meeting or
home visit call 330-492-4ALS (4257).**

Q92

393 Smyth Avenue NE
Alliance, Ohio 44601

10/09/2015

Dear Q92,

Can I REQUEST Some (5) Free
Q92 Promotional items -- WITH LOGO(S),
Such as Pens, pencils, Stickers, Latex
Balloons, ECT...?? PLEASE Send 1 of
EACH Item(s)!

These items Will be for me, For my
own Personal use!

Thanks!

Christopher Simonton, JR.
758 West King Street -
2nd Floor - SIDE
York, PA 17401-3627

I WAS PUSHING THE BUNNIES ON
MY CAR RADIO - CAME ACROSS

Q 92 - WOMAN D.S. - 11:05 Friday

I DON'T KNOW WHAT SHE WAS

TALKING ABOUT BUT SHE SAID

"IT WOULD HURT LIKE A MOTHER F---"

(HER WORDS)

Wow!! YOU ALLOW THAT KIND OF
TRASH TALK - DOES SHE THINK

IT'S COOL ON HIP HOP.

STAME ON HER + THE RADIO STATION

ANYONE CAN FILL THE "F---" IN

NO WORDS - THE YOUTH OF

TODAY ARE IN THE TRASH



I've sent copies of this

to Home Depot

Macy's

Action Sports Cycles

Progressive Group

Wally Ammon

Office Max Jobs

Allied City Hospital

Sponsors I heard during

this time - I am sure they are
unaware of this type of talk.

SHAME ON

Q92